



The Pines Tennis Club

# COVID-19 SAFETY PLAN

The Pines Tennis Club

<b>[Association/Club]</b>	The Pines Tennis Club
<b>[Ground Location]</b>	Corner of Goldstein Crescent & Norriss Street, Chisholm, ACT, Entrance on Norriss Street
<b>[Club Facility Location]</b>	As above
<b>[Club President/Association CEO]</b>	Graeme Barnes
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<b>Version</b>	Version 4.0 - 28/10/2021
<b>Graeme Barnes is responsible for this document</b>	

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# 1. Introduction

The purpose of this COVID-19 Safety Plan is to provide for the implementation and management of procedures by the Pines Tennis Club to support its members and participants in the staged resumption of community sport and club activities. The plan has been developed in partnership with the Canberra School of Tennis who will oversee all elements relating to coaching programs.

The arrangements set out in this Plan are intended to prevent the transmission of COVID-19 among members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community. The Plan provides the framework to govern the general operation of the Pines Tennis Club, any facilities it controls, the playing/training behaviour of all members and participants and the monitoring and reporting of the health of attendees at Pines Tennis Club facilities.

This Plan includes, but is not limited to, the conduct of:

- a. staged training and competition activities (sport operations); and
- b. facility management and supporting operations (facility operations).

At all times the Plan is subject to all regulations, guidelines and directions of government and public health authorities.

## 2. Key Principles

This Plan is based on, and accepts, the AIS [Framework for Rebooting Sport in a COVID-19 Environment](#) (AIS Framework) and the [National Principles for the Resumption of Sport and Recreation Activities](#) (National Principles).

The Plan also accepts as key principles that:

- The health and safety of members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community is the number one priority;
- Members, participants, coaches, officials, administrators/volunteers, families and the broader community need to be engaged and briefed on Pines Tennis Club's return to sport plans;
- Facilities are assessed and appropriate plans are developed to accommodate upgraded hygiene protocols, physical distancing and other measures to mitigate the risk of transmission of COVID-19;
- Training cannot resume until the arrangements for sport operations and facility operations are finalised and approved, if necessary; and
- At every stage of the return to sport process Pines Tennis Club must consider and apply all applicable State and Territory Government and local restrictions and regulations. Pines Tennis Club needs to be prepared for any localised outbreak at our facilities, within our competitions or in the local community.

### 3. Responsibilities under this Plan

The Pines Tennis Club retains the overall responsibility for the effective management and implementation of the return to sport activities and operations outlined in this Plan.

The Committee of Pines Tennis Club is responsible for:

- Approving the this Plan and overseeing the implementation of the arrangements in the Plan; and
- Revising the this Plan as required, ensuring it reflects up to date information from government and public health officials.

The Committee has appointed the following person as the Pines Tennis Club COVID-19 Safety Coordinator to execute the delivery of the Plan and to act as a point of contact for information relating to this Plan:

<b>Name</b>	Kerry Scarlett
<b>Contact Email</b>	<a href="mailto:kscarlett@internode.on.net">kscarlett@internode.on.net</a>
<b>Contact Number</b>	0414 292 150

Pines Tennis Club expects all members, participants, coaches, officials, administrative staff and volunteers to:

- Comply with the health directions of government and public health authorities as issued from time to time;
- Understand and act in accordance with this Plan as amended from time to time;
- Comply with any testing and precautionary measures implemented by Pines Tennis Club;
- Act with honesty and integrity in regard to the state of their personal health and any potential symptoms; and
- Monitor their health and take a cautious approach to self-isolation and reporting of potential symptoms.

## 4. Recovery

When public health officials determine that the outbreak has ended in the local community, the Pines Tennis Club will consult with relevant authorities to identify criteria for scaling back its COVID-19 prevention actions. The Pines Tennis Club will also consider which protocols can remain to optimise good public and participant health.

At this time the Committee of Pines Tennis Club will consult with key stakeholders to review the delivery of its return to sport arrangements and use feedback to improve organisational plans and systems.

### 4.1 Roadmap to a COVIDSafe Australia

The Pines Tennis Club will also comply with the Australian government's [Roadmap to a COVIDSafe Australia](#), which places limits on the type of activity that can be conducted and the number of people who can gather at facilities

## 5. Outline of Return to Sport Arrangements

The Pines Tennis Club is following the Community Tennis Guidelines provided by Tennis ACT. The latest version of the Community Tennis Guidelines is available at [Tennis ACT | The governing body of Tennis in Australia Capital Territory](#) and should always be referred to as the most up to date version.

Notes - The club notes the following additions/exclusions from the Community Tennis Guidelines.

### Part 1 – Sport Operations

Area	Plan Requirements (for activities under AIS Framework Level B)
<b>Training Processes</b>	As per COVID-19 Community Tennis Guidelines
<b>Personal health</b>	As per COVID-19 Community Tennis Guidelines
<b>Hygiene</b>	As per COVID-19 Community Tennis Guidelines
<b>Communications</b>	<p>The club committee, including the Head Coach meet once a month and review COVID-19 arrangements including communication activities.</p> <p>The club communicates with members and the general public through the website <a href="http://www.pinestennisact.com">www.pinestennisact.com</a> and Facebook <a href="https://www.facebook.com/pinestennisact/">www.facebook.com/pinestennisact/</a></p> <p>Key messages are also provided when courts are booked online.</p> <p>The club also communications with members and players through regular email updates and through physical notices, on the gates, outside and inside the clubhouse.</p> <p>Website and Facebook</p> <ul style="list-style-type: none"> <li>• Publish this safety plan</li> <li>• Updates on conditions of play and facilities</li> <li>• Provide a link to the COVID-19 Community Tennis Guidelines</li> <li>• Promote the COVIDSafe app</li> <li>• Provide information on how individuals can access mental health and wellbeing counselling services.</li> </ul> <p>Member emails</p> <ul style="list-style-type: none"> <li>• Updates for members on conditions of play and facilities</li> </ul> <p>Physical notices</p> <ul style="list-style-type: none"> <li>• On the front gate <ul style="list-style-type: none"> <li>– Check-In-CBR QR code and sign</li> <li>– Playing safely sign</li> <li>– We are Open Sign</li> </ul> </li> <li>• Outside the clubhouse</li> </ul>

	<ul style="list-style-type: none"> <li>- Check-In-CBR QR code and sign</li> <li>- Conditions of clubhouse entry</li> <li>- Hand sanitiser posters</li> <li>- COVID-19 Community Tennis Guidelines, ACT Return to Play</li> <li>- Notice to cover the hand when using the club door entry keypad</li> <li>• On the individual court gates <ul style="list-style-type: none"> <li>- Check-In-CBR QR code and sign</li> <li>- COVID-19 Community Tennis Key Points</li> </ul> </li> <li>• Inside the clubhouse <ul style="list-style-type: none"> <li>- COVID-19 Community Tennis Guidelines, ACT Return to Play</li> <li>- Hand sanitiser poster</li> <li>- Personal hygiene poster</li> <li>- Information on access to mental health services</li> <li>- COVID-ID Identifying the Symptoms Poster</li> <li>- COVID-ID Cleaning notices</li> </ul> </li> </ul>
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## Part 2 – Facility Operations

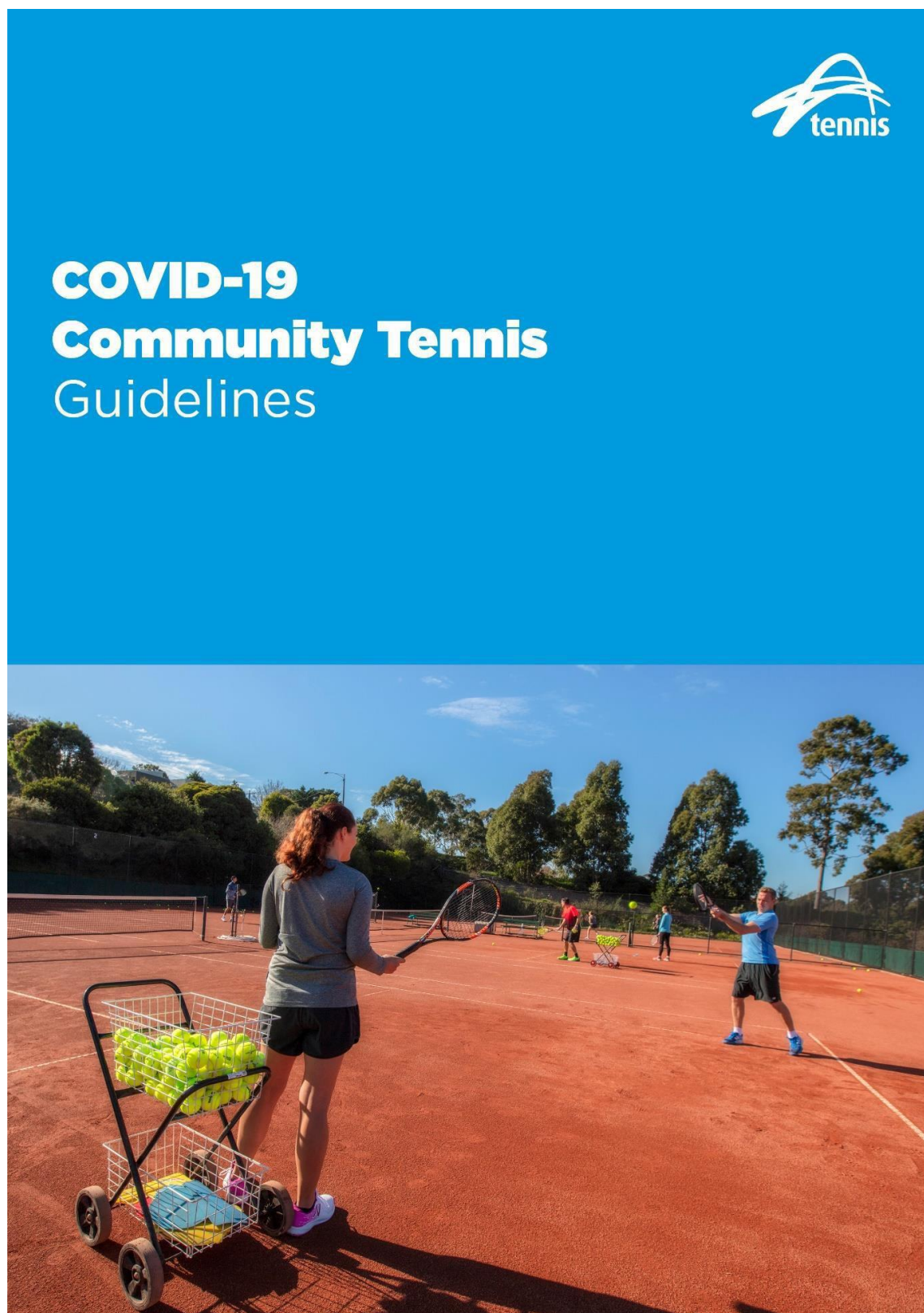
Area	Plan Requirements
<b>Facilities</b>	<ul style="list-style-type: none"> <li>• All tennis courts, hot shot courts and hitting wall is available for use. Singles and doubles tennis allowed.</li> <li>• Masks must be worn in the clubhouse and the clubhouse is limited to 10 people at any one time.</li> </ul>
<b>Facility access</b>	<p>The clubhouse is open.</p> <ul style="list-style-type: none"> <li>• Book a court booking pins give access to the front gate and the clubhouse.</li> <li>• All participants aged 16 and over must use the Check-in-CBR app when entering the venue. The Check-In-CBR QR code is displayed on the front gate next to the entry key pin pad, on the clubhouse door, and outside each court.</li> </ul>
<b>Hygiene</b>	<ul style="list-style-type: none"> <li>• Masks must be worn inside the clubhouse. (Masks are not required to be worn in outside areas.)</li> <li>• There is a limit of 10 people in the clubhouse at any one time. (One person per 4 square metres)</li> <li>• The clubhouse must have a COVID-19 wipe down following the completion of organised social, coaching and competition events. Refer to the Supervisors Cleaning Checklist.</li> <li>• Hand sanitiser dispensers have been installed on both sides of the front of the clubhouse and at the front gate. Players are instructed to use the sanitiser before and after playing games and before and after using the gate entry keypad.</li> <li>• Hand sanitiser, sanitiser wipes and sprays are also available in the clubhouse</li> <li>• Tennis event organisers are responsible for cleaning and sanitising toilet facilities and seating following supervised tennis events.</li> <li>• The club house, toilets and changerooms are professionally cleaned and sanitised once per fortnight when the clubhouse is open.</li> <li>• Players and organisers are encouraged to bring their own sanitiser</li> </ul>

<b>Management of unwell participants</b>	<p>Protocols to manage unwell participants at a club activity.</p> <ul style="list-style-type: none"> <li>• Be prepared to turn patrons away if they have clear symptoms of illness.</li> <li>• Clean/sanitise any surfaces touched by the unwell participant.</li> <li>• Individuals who present with symptoms or become unwell while at the Pines Tennis Club will be asked to <ul style="list-style-type: none"> <li>– identify who they played with or had contact with at the venue and</li> <li>– should leave the venue, isolate themselves in a car or at home and organise for a COVID-19 test.</li> </ul> </li> <li>• The Head Coach and/or Event organisers will be responsible for disinfecting of facilities used by such participants and for training other coaches and volunteers as required.</li> </ul>
<b>Club responsibilities</b>	<p>The club will oversee:</p> <ul style="list-style-type: none"> <li>• Provision and conduct of hygiene protocols as per the Plan</li> <li>• Operation of the club's facilities in support of all Covid-19 Community Tennis Guidelines in accordance with this Plan.</li> </ul>



# Appendix A: COVID-19 Community Tennis Guidelines

The Pines Tennis Club is following the Community Tennis Guidelines provided by Tennis ACT. The latest version of the Community Tennis Guidelines is available at [Tennis ACT | The governing body of Tennis in Australia Capital Territory](#) and should always be referred to as the most up to date version.





## COVID-19 Community Tennis Guidelines



### COVID-19 Community Tennis Guidelines for Continued Play

*Last updated 27 October 2021, effective from 29 October*

**This is a rapidly evolving issue, please ensure you refer to Tennis ACT website for the latest recommendations on dealing with COVID-19.**

We all know tennis is a unique sport with many benefits – the main one being health and wellbeing.

The **COVID-19 Community Tennis Guidelines for Continued Play** provide details on how outdoor courts can remain open for use to help ensure people remain active, subject to strict social distancing and hygiene practices being implemented.



## COVID-19 Community Tennis Guidelines



### *Before you play*

You must stay at home if you:

- Have been in contact with someone with COVID-19 in the last 14 days
- Have been overseas or exposed to someone with COVID-19 in the last 14 days
- Have been to a COVID-19 exposure site. Please [click here](#) for a list of exposure sites.
- Have flu-like symptoms
- Are under Stay At Home orders, or are in quarantine
- Or are in a [high risk health category](#).

### *Attending tennis activities*

- **All participants aged 16 and over must check in on the Check In CBR App on arrival**
- **From 29 October, no masks will be required outdoors. If you are accessing the clubhouse or bathroom facilities, you will be required to wear one.**
- Only people playing should attend the club. No spectators are allowed.
- Arrive and leave as close as possible to when you need to be there
- A single (1) parent/carer is allowed to attend in all settings where minors are training. They will need to physically distance and will be counted within density limits.

### *Social distancing*

Tennis holds a unique advantage as a sport, which requires no direct contact between players. You can also:

- Touch racquets instead of the regular pre or post match handshakes
- Keep 1.5 metres away from other people while watching or attending an outdoors tennis activity.

### *Behaviours*

To protect against infection, you should:

- Wash/sterilise your hands before and after you play and avoid touching your face while playing
- Not share water bottles and bring your own full bottle
- Wash your hands frequently with soap and water or hand-sanitiser when available, before and after eating, after going to the toilet, sneezing and coughing
- Cover your coughs and sneezes and dispose of any used tissue immediately
- Avoid touching your face
- Keep your distance from people who are obviously sick
- Be aware of what surfaces you touch and if you touch the on court equipment such as net, net handle, hoses, and court bagger you must clean these before you leave.

### *Organising tennis activities*

COVID-19 Community Tennis  
Guidelines for Continued Play





## COVID-19 Community Tennis Guidelines



- From 29 October there may be 25 people across a venue before density limits apply
  - Venue capacity for outdoor venues will 1 person per 2 square metres up to 500 people
  - Indoor venues may apply one person per 4 square metres within each indoor space
- Organised tennis events are permitted, such as local tournaments, social tennis and competition can return.
- All court hire bookings are to be made online at <https://play.tennis.com.au/>
- Leave gates ajar during opening hours so players do not need to touch handles to enter. If using Book a Court, provide sanitising facilities at the gate for cleaning each time the pin pad and gate is used, and put a notice up to this effect.

### Coaching

- The restrictions are for a maximum of 500 players at each outdoor venue and one person per 4 square metres at indoor venues. Full coaching classes can resume.
- There is no cap on the coaches hours
- Maintain social distancing at all times including when giving feedback and while players are resting
- Limit the use of coaching equipment such as target cones
- Don't let students handle any coaching equipment - coach to pick up balls and feed drills
- Payments to be made online via EFTPOS – avoid handling cash.

### Tennis equipment

There is no specific evidence that balls can spread COVID-19. We do know that on hard surfaces contamination by respiratory droplets from an infected person can potentially survive up to three days. Therefore, you should:

- Make sure you clean your hands before and after coming off the court
- Not touch your face after touching a ball, racquet or other tennis equipment
- Use new balls and racquet grips where possible
- Use fewer balls per session
- Replace all balls if someone with/suspected to have COVID-19 comes in contact with them

### Clean Environment

Providing a clean environment to play tennis in is essential. Make sure you:

- Provide soap, hand-sanitiser or wipes at all main contact points
- Clean all surfaces, such as counters, tabletops, doorknobs, bathroom fixtures, toilets, phones, keyboards, tablets, and tables, at least once a day wearing disposable gloves
- Clean any surfaces which may have blood, body fluids and/or secretions or excretions on them
- Regularly remind and encourage everyone, particularly juniors, of the need to wash hands regularly and adopt the other principles of a good hygiene strategy
- Display signage about handwashing and hygiene techniques at strategic points like all sinks, eating areas, drinking areas and on the side of court.



## COVID-19 Community Tennis Guidelines



### *Venues*

- Clubhouses can open under the density rules. Please ensure anyone who enters the club wears a mask. Please do not congregate in the clubhouse.

### *Incident management process (ACT)*

- **All venues must have the Check In CBR app and all players must check in on arrival**
- Abide by the ACT Government restrictions on sport and recreation – found [here](#).
- Practice good hand hygiene before and after playing.

These guidelines have been developed to reduce the likelihood of spreading the COVID-19 virus through tennis. Before attending a tennis venue or playing tennis, you should consider your individual situation noting that the COVID-19 virus can spread very quickly and result in very serious medical complications in some people. Like any activities, there are some inherent risks involved and by participating you are accepting those risks.

For further information in relation to these guidelines please contact Tennis ACT;

**PH: 6160 7800**

**Email: [actreception@tennis.com.au](mailto:actreception@tennis.com.au)**